



“A Different Approach to Your Pet’s Health”



Natural veterinary care uses holistic and naturopathic principles to support the overall health and well-being of animals. This approach emphasizes prevention, thoughtful lifestyle adjustments, nutrition, and natural therapies to help maintain balance and resilience over time.

Rather than a “one pill” or one-time solution, natural care is an ongoing, collaborative process. It involves understanding how diet, environment, stress, and physiology interact, and making measured, individualized changes that support long-term health. Successful care relies on thoughtful planning, consistency, and active participation from pet owners.

Care at the Natural Veterinary Medical Center begins with an inquiry. This allows time for thoughtful review and helps determine whether this approach is the right fit before scheduling a consultation.

TAKING A HOLISTIC AND NATUROPATHIC APPROACH TO HEALING

What is holistic and naturopathic veterinary medicine all about?

Holistic and naturopathic veterinary medicine is an approach to care that considers the patient as a whole, rather than focusing solely on individual symptoms or diagnoses. Health is viewed in the context of the animal's physiology, environment, nutrition, lifestyle, and stressors over time.

Naturopathic veterinary medicine emphasizes natural healing methods that support the body's innate ability to restore balance. Rather than relying on suppression of symptoms alone, care is directed toward identifying contributing factors and supporting underlying systems.

In practice, this approach favors non-invasive, thoughtful therapies and individualized care planning. The goal is not quick fixes, but sustainable improvement in overall health and resilience through measured, intentional support.



Key Components of Natural Veterinary Care Include:

Natural veterinary care focuses on supporting health through foundational systems rather than isolated symptom management. Core components of care at the Natural Veterinary Medical Center include:

- *Nutrition*: Providing a balanced, species-appropriate diet is fundamental to long-term health. Nutrition recommendations emphasize ingredient quality, practicality, and individualized needs.
- *Herbal Medicine*: Western herbal medicine is used thoughtfully to support physiologic balance, address underlying patterns, and provide targeted support when the body needs assistance returning to regulation.
- *Environment & Lifestyle*: Care considers the pet's living environment, daily routines, physical activity, and mental stimulation, recognizing their impact on overall health and resilience.
- *Preventive & Supportive Care*: Rather than reactive treatment, emphasis is placed on prevention, early support, and maintaining balance over time through appropriate exercise, grooming, and routine care.
- *Individualized, Integrative Approach*: Each patient is unique. Natural veterinary care is tailored to the individual and integrated with conventional veterinary medicine when appropriate to ensure comprehensive, responsible care.



"When given the right conditions, the body can heal itself."

HERBAL MEDICINE IS AT THE HEART OF NATURAL VETERINARY CARE

What exactly does a veterinary herbalist do?

A veterinary herbalist combines traditional knowledge of medicinal plants with modern veterinary training to support physiologic balance and address underlying patterns of imbalance. Herbs are selected based on their pharmacologic properties, clinical indications, and how they interact with the individual patient's physiology.

In our practice, herbal medicine is not used as a substitute for veterinary care, nor as a one-size-fits-all solution. Customized formulas are developed with intention—considering the patient's medical history, current medications, constitution, and overall health goals. The focus is on supporting the body's regulatory systems and assisting the healing process when the body needs support returning to balance.

What is Western Herbal Medicine?

Western Herbal Medicine is a time-honored medical tradition that uses plants to support health and resilience. Rooted in centuries of clinical observation and evolving scientific research, it emphasizes treating the whole animal rather than isolating individual symptoms.

At the Natural Veterinary Medical Center, Western Herbal Medicine is practiced thoughtfully and responsibly, informed by modern diagnostics and clinical reasoning. Herbal therapy may be used alongside conventional veterinary medicine to provide additional tools for prevention, support, and long-term management. When used skillfully, herbs can help support physiologic regulation while minimizing unnecessary intervention.

Why this works for the right patient

Herbal medicine is especially well suited for animals with chronic or recurrent conditions, complex health patterns, or those who benefit from a slower, more individualized approach to care. Recommendations are adjusted over time based on the patient's response, with the goal of supporting stability, resilience, and long-term well-being.



MOVING BEYOND THE LIMITS OF CONVENTIONAL CARE

Our approach to care offers additional tools when conventional strategies alone do not fully address an individual patient's needs, or when a more individualized, physiologically focused perspective is appropriate.

Many pets with chronic, recurrent, or complex conditions reach a point where standard treatments help manage symptoms without fully restoring balance. In these cases, expanding the framework of care to consider regulatory systems, underlying patterns, and long-term physiologic resilience can provide meaningful support.

Care at the Natural Veterinary Medical Center is guided by thoughtful clinical reasoning and respect for physiology. Treatment plans emphasize supporting the body as a whole, using the least intervention necessary and adjusting over time based on response.

Within this model, natural medicine plays a supportive role, with Western herbal medicine used intentionally when appropriate. Herbs are selected based on their pharmacologic properties, clinical indications, and compatibility with the patient's overall health picture.

Safety and integration remain central. Recommendations are made with careful consideration of medical history, diagnostics, and concurrent treatments, and care is collaborative with the primary care veterinarian when appropriate.



IS NATURAL VETERINARY CARE RIGHT FOR YOUR PET?

We'd like to think so! But natural veterinary care isn't for everyone.



Thinking about it?

Natural veterinary care is designed for pets who benefit from a slower, more individualized approach. It emphasizes understanding underlying patterns, supporting physiologic balance, and making adjustments over time rather than relying on one-time solutions.

This model of care is especially well suited for pets with chronic, recurrent, or complex health concerns — and for owners who value a collaborative, long-term perspective on health.

Important Considerations:

Natural veterinary care is most effective when approached as a collaborative, ongoing process rather than a single visit or quick solution.

Before moving forward, it's helpful to understand what this model of care involves.

- Care is individualized and evolves over time based on your pet's response.
- Follow-up communication and reassessment are often necessary to refine recommendations.
- Owners play an active role in observing changes, implementing recommendations, and reporting progress or concerns.
- Treatment plans may include adjustments to nutrition, lifestyle, and daily routines in addition to targeted therapies.
- Collaboration with your primary care veterinarian is encouraged when appropriate.
- Some natural therapies or specialty diets may involve additional time, effort, or financial investment.

This approach is best suited for clients who value thoughtful decision-making, patience, and long-term support rather than immediate or one-time interventions.



"Merging traditional knowledge, modern scientific research, and clinical experience."

READY TO TAKE THE NEXT STEP?

How To Get Started:

Because this is a highly individualized and collaborative model of care, consultations are scheduled through an inquiry-based process rather than immediate booking.

If you're interested in moving forward, the next step is to visit our website and submit a consultation inquiry. This allows us to learn more about your pet's history, current concerns, and your goals for care.

After reviewing your inquiry, you'll receive guidance on next steps and how to move forward.

This process helps ensure that each consultation is thoughtful, productive, and a good fit — for the patient, the client, and the care process itself.

We believe natural veterinary care can be transformative for the right patient and family. If this approach resonates with you, we invite you to begin the inquiry process so we can learn more about your pet and explore whether working together feels like the right fit.



Disclaimer** Natural veterinary care should complement, not replace, conventional veterinary care. Integration with conventional veterinary treatments is essential for a comprehensive approach to your pet's health.

The use of herbal medicine for your pet should be approached with caution and under the guidance of a qualified veterinarian. While some herbs can offer benefits for certain conditions, others may pose risks or interact negatively with existing medications. It's crucial to avoid self-prescribing herbal remedies for your pet, as the wrong herbs or incorrect dosages can be harmful.